

RESOURCES

CAREER DEVELOPMENT

- Amundson, N.E. (2010). *Metaphor making: Your career, your life, your way*. Ergon Communications.
- Niles, S. G., Amundson, N. E., & Neault, R. A. (2011). *Career Flow: A hope centered approach to career development*. Pearson Education.
 - <https://www.pearsonhighered.com/assets/preface/0/1/3/2/0132241900.pdf>
- Government of Alberta, Career Planning
 - <https://alis.alberta.ca/careerinsite/>
- Government of British Columbia, Career Planning
 - <https://www.workbc.ca/plan-career>
- Government of Nova Scotia, Explore Careers
 - <https://explorecareers.novascotia.ca/>
- Government of Ontario, Explore Job Profiles & Career Quiz
 - <https://www.ontario.ca/page/labour-market>
- National Career Development Association, Career Planning
 - <https://www.ncda.org/aws/NCDA/pt/sp/resources>

RESOURCES

CAREERS IN ENERGY

- Calgary Economic Development, Energy and Environment
 - <https://www.calgaryeconomicdevelopment.com/sectors/energy-environment/>
- Canadian Renewable Energy Association
 - <https://renewablesassociation.ca/>
- Careers in Energy Canada
 - <https://careersinenergy.ca/>

COMPUTING CAREERS

- Computing Careers & Disciplines: A Quick Guide for Prospective Students and Career Advisors
 - <https://ceric.ca/projects/2nd-edition-computing-disciplines-a-quick-guide-for-prospective-students-and-career-advisors/>
- Institute of Electrical and Electronics Engineers (IEEE) Computer Society
 - <https://www.computer.org/>

RESOURCES

DIVERSITY, INCLUSION AND EQUITY EMPLOYMENT

- Diversity and Inclusion Outreach and Employment Resource
 - <https://equitek.ca/>
- Employment Equity Act
 - <https://laws-lois.justice.gc.ca/eng/acts/e-5.401/>
- Employment Standards: Alberta
 - <https://www.alberta.ca/alberta-employment-standards-rules.aspx>
- Employment Standards: British Columbia
 - <https://www2.gov.bc.ca/gov/content/employment-business/employment-standards-advice/employment-standards>
- Employment Standards: Ontario
 - <https://www.ontario.ca/document/your-guide-employment-standards-act-0>

ENVIRONMENTAL CAREERS

- Eco Canada
 - <https://eco.ca/>
- Work Cabin, Jobs
 - <http://www.workcabin.ca/jobs/>

RESOURCES

INFORMATION INTERVIEWS

- Live Career, 200 Information Interview Questions
 - <https://www.livecareer.com/resources/interviews/questions/informational-interview-questions>
- Information Interview Invitation Sample and Tips
 - <https://ca.indeed.com/career-advice/interviewing/informational-interview-email>
- Government of Alberta, Information Interview Strategies
 - <https://alis.alberta.ca/careerinsite/explore-options/career-options-research/informational-interviews/>

INTERNATIONAL WORK EXPERIENCES

- Government of Canada, International Experience Canada
 - <http://www.cic.gc.ca/english/residents/iec/index.asp>

RESOURCES

INTERNSHIPS

- Government of Alberta, Internship Program Descriptions
 - <https://www.alberta.ca/internships-student-employment.aspx>
- BC Public Service Internship and Co-op Opportunities
 - <https://www2.gov.bc.ca/gov/content/careers-myhr/job-seekers/internship-co-op-opportunities>
- Ontario Internship Programs
 - <https://www.internship.gov.on.ca/mbs/sdb/intern.nsf/lkpwebcontent/epublishedhome>
- University of California Berkley, Internship Advice
 - <https://life.berkeley.edu/internship-success-tips/>

RESOURCES

JOB SEARCH

- Bolles, R. N. & Brooks, K. (2022). *What colour is your parachute? Your Guide to a Lifetime of Meaningful Work and Career Success*. Ten Speed Press.
- Government of Canada, Job Bank
 - <http://www.jobbank.gc.ca/home-eng.do?lang=eng>
- Government of Alberta Employment Services
 - <https://www.alberta.ca/employment-services.aspx>
- Government of Alberta, Work Search Resources
 - <http://alis.alberta.ca/js/job-seeker.html>
- Indeed Job Search
 - <https://ca.indeed.com/>
- LinkedIn
 - <https://www.linkedin.com>
- SimplyHired Canada
 - <https://www.simplyhired.ca/>

RESOURCES

LABOUR MARKET INFORMATION

- Calgary Economic Development
 - <http://www.calgaryeconomicdevelopment.com/>
- Canadian Occupational Projection System
 - <https://occupations.esdc.gc.ca/sppc-cops/w.2lc.4m.2@-eng.jsp>
- City of Calgary, Labour Market Review
 - <https://www.calgary.ca/research/labour-market.html>
- Government of Canada, Canadian Labour Market
 - http://www.jobbank.gc.ca/LMI_bulletin.do
- Government of Alberta, Industry Research
 - <https://www.alberta.ca/industry>
- Government of British Columbia, Labour Market Information
 - <https://www.workbc.ca/Labour-Market-Industry.aspx>
- Government of Ontario, Labour Market Information
 - <http://www.tcu.gov.on.ca/eng/labourmarket/>
- Government of Nova Scotia, Labour Market Information
 - <https://explorecareers.novascotia.ca/labourmarketinformation>
- Labour Market Information Council: Canadian Job Trends Dashboard
 - <https://lmic-cimt.ca/data-dashboards/canadian-job-trends-dashboard/>

RESOURCES

OCCUPATIONAL RESEARCH

- Alberta Occupational Profiles
 - <https://alis.alberta.ca/occinfo>
- British Columbia Occupational Profiles
 - <https://www.workbc.ca/jobs-careers/explore-careers.aspx>
- Ontario Occupational Profiles
 - <https://www.services.labour.gov.on.ca/labourmarket/search.xhtml>
- O*net Online, US Occupational Profiles
 - <https://www.onetonline.org/>

PERSONALITY

- Tieger, P. D., Barron, B., & Tieger, K. (2021). *Do what you are: Discover the perfect career for you through the secrets of personality type* (6th Ed.). Little Brown Spark

RESOURCES

POST-SECONDARY PROGRAMS AND ADDITIONAL TRAINING

- Maclean's Education Hub, including University & College Rankings and Profiles
 - <https://macleans.ca/education/>
- MBA Programs in Canada
 - <https://find-mba.com/schools/americas/canada>
- School Finder
 - <https://www.schoolfinder.com/>
- Undergraduate and Graduate Program Search Tool
 - <https://www.petersons.com/college-search.aspx>
- Colleges and Universities in Alberta
 - <https://alis.alberta.ca/occinfo/schools-in-alberta>
- Post-Secondary BC
 - <https://www.postsecondarybc.ca/>
- Ontario Universities Application Centre
 - <https://www.ouac.on.ca/>
- Colleges & Institutes Canada
 - <http://www.accc.ca/>
- Universities Canada
 - <https://www.univcan.ca/>

RESOURCES

FUNDING RESOURCES, STUDENT LOANS, AND SCHOLARSHIPS

- Funding Programs and Grants for Jobs, Training, and Social Development Projects
 - <https://www.canada.ca/en/employment-social-development/services/funding.html>
- National Student Loans Service Centre
 - <https://www.csnpe-nslsc.canada.ca/en/home>
- Scholarships Canada
 - <https://www.scholarshipscanada.com/>
- Student Awards
 - <https://studentawards.com/>
- Student Lines of Credit
 - <https://www.canada.ca/en/financial-consumer-agency/services/loans/student-lines-credit.html>
- Student Aid Information, Alberta
 - <https://studentaid.alberta.ca/>
 - <https://alis.alberta.ca/explore-education-and-training/pay-for-your-education/pay-for-your-post-secondary-education>
- Student Aid Information, British Columbia
 - <https://studentaidbc.ca/>
- Student Aid Information, Nova Scotia
 - <https://novascotia.ca/studentassistance/>
- Student Aid Information, Ontario
 - <https://www.ontario.ca/page/student-loans-grants-scholarships-and-bursaries>

RESOURCES

SELF-EMPLOYMENT AND ENTREPRENEURSHIP

- Business Support, Services, Networks and Training
 - <https://www.canada.ca/en/services/business/start/support-financing/businesssupport.html>
- Canada 2SLGBTQ+ Chamber of Commerce
 - <https://www.cglcc.ca/>
- Entrepreneurs with Disabilities Program
 - <https://www.edpbusiness.ca/>
- Federation of African Canadian Economics
 - <https://facecoalition.com/>
- Indigenous Business Development
 - <https://sac-isc.gc.ca/eng/1100100032796/1610546385227>
- Innovation, Science, and Economic Development Canada
 - <https://www.ic.gc.ca/eic/site/icgc.nsf/eng/home>
- Starting a Business
 - <https://www.canada.ca/en/services/business/start.html>
- Women's Enterprise Organizations of Canada
 - <https://weoc.ca/>
- Young Entrepreneurs, aged 18 to 39
 - <https://www.futurpreneur.ca/en/>

RESOURCES

TRADES

- Alberta Apprenticeship Industry Training Board
 - <https://tradesecrets.alberta.ca/>
- BC Industry Training Authority
 - <https://itabc.ca/>
- Government of Canada, Supports for Skilled Trades and Apprenticeship
 - <https://www.canada.ca/en/services/jobs/training/support-skilled-trades-apprentices.html>
- Government of Ontario, Skilled Trades
 - <https://www.ontario.ca/page/skilled-trades>
- Nova Scotia Apprenticeship Agency
 - <https://www.nsapprenticeship.ca/>

TRANSITION

- Bridges, W. (2004). *Transitions: Making sense of life's changes* (2nd Ed.). Cambridge: Da Capo Press.

RESOURCES

VOLUNTEERING

- Canadian Volunteer Centre Directory
 - <https://volunteer.ca/index.php?MenuItemID=355>
- Alberta Volunteering Opportunities
 - <https://www.volunteerconnector.org/>
- British Columbia Volunteering Opportunities
 - <https://volunteerbc.bc.ca/>
- Nova Scotia Volunteering Opportunities
 - <https://volunteerns.ca/>
- Toronto Volunteering Opportunities
 - <https://www.volunteertoronto.ca/>
- Charity Village, Volunteering in Not-For-Profit
 - <https://charityvillage.com/>

WHAT CAN I DO WITH A MAJOR IN...

- University of British Columbia, What Can I Do With My Major?
 - <https://students.ok.ubc.ca/career-experience/what-can-i-do-with-my-major/>
- University of Toronto, Careers By Major
 - <https://www.utm.utoronto.ca/careers/career-planning/careers-major>